

Real change, enduring change, happens one step at a time.



— Ruth Bader Ginsburg



May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Okmulgee: 2 9am-11am: Coping with Depression</p> <p>3pm-5pm: Budget Your Money</p> <p>5:30pm-7:30: Parenting – Ending Arguing/Back Talk</p>	<p>Jenks: 3 9am-11am: Coping with Depression</p> <p>3pm-5pm: Budget Your Money</p> <p>5:30pm-7:30: Parenting – Ending Arguing/Back Talk</p> <p>Okmulgee: 10am-12pm or 2pm-4pm: Motherhood/Fatherhood Is Sacred</p>	<p>Zoom: 4 9am-11am: Using Credit Cards</p> <p>3pm-5pm: Interviewing Skills and Dressing for Success</p> <p>5:30pm-7:30: Parenting – Ending Arguing/Back Talk</p>	<p>Zoom: 5 9am-11am: Coping with Depression</p> <p>3pm-5pm: Parenting – Ending Arguing/Back Talk</p> <p>Jenks: 10am-12pm or 2pm-4pm: Motherhood/Fatherhood Is Sacred</p>	<p>6</p>
<p>Okmulgee: 9 9am-11am: Interviewing Skills and Dressing for Success</p> <p>3pm-5pm: Using Credit Cards</p> <p>5:30pm-7:30: Parenting – Teaching Kids Responsibility</p>	<p>Jenks: 10 9am-11am: Interviewing Skills and Dressing for Success</p> <p>3pm-5pm: Using Credit Cards</p> <p>5:30pm-7:30: Parenting – Teaching Kids Responsibility</p> <p>Okmulgee: 10am-12pm or 2pm-4pm: Motherhood/Fatherhood Is Sacred</p>	<p>11</p>	<p>Zoom: 12 9am-11am: Interviewing Skills and Dressing for Success</p> <p>3pm-5pm: Using Credit Cards</p> <p>5:30pm-7:30: Parenting – Teaching Kids Responsibility</p> <p>Jenks: 10am-12pm or 2pm-4pm: Motherhood/Fatherhood Is Sacred</p>	<p>13</p>

MCN TRIBAL WORKSHOPS

 	<p>Okmulgee Workshops located at: MCN Safe Space Building, Conference Room #1 3000 Warrior Road Okmulgee, OK 74447</p>	<p>Jenks Workshops located at: MCN Human Services Office Conference Room 1000 Riverwalk Terrace, Suite 240 Jenks, OK 74037</p>	<p>Zoom Workshops: Internet access required to attend. Please provide an email when you register so the URL to join the zoom can be sent to you.</p>
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***Registration is required. To register for the workshops, please contact your Tribal TANF case manager.**

****For any questions or concerns about the workshops, please call the TANF office at (918) 549-2880.**

*****Motherhood/Fatherhood Is Sacred says it is scheduled for 10am-12pm, but times are flexible depending on what time is best for all interested individuals to attend.**

******Motherhood/Fatherhood Is Sacred must have a minimum of 6 individuals registered to open a class. These workshops are continuous and will go on once a week for a total of 6 weeks.**

*******If no one shows up to a workshop within the first 30 minutes, the workshop will be cancelled.**