

Elderly Nutrition Program September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Italian Cold Cut Sandwich Chips Banana Crème Pie	2 Cheeseburger w/fixings Potato Salad Pork & Beans Cherry Cobbler
5 	6 Chicken Spaghetti Roll Oatmeal Cookie	7 Pork Chop Mashed Potatoes Gravy California Blend Veg Pineapples & Cottage Cheese	8 Ribs Cole Slaw Okra Roll Caramel Apple Crisp	9 Turkey Bacon Wrap w/Lettuce & Tomato California Pasta Salad Strawberry Crème Pie
12 Tuna Salad On Croissant Chips Granola Bar	13 Pork Steak Green Beans & New Potatoes Bread Fresh Fruit	14 BBQ Bologna Loaded Tater Tot Green Onion Salad Bread Texas Sheet Cake	15 Indian Taco Peaches & Crème Parfait	16 Cook's Choice
19 Sloppy Joe Chips Pickle Spear PB Cookie	20 Beans & Ham Rice Spinach Cornbread Apricots	21 Burrito w/Chili Mexican Rice Refried Beans Sherbet Cup	22 Ham & Cheese Sandwich Macaroni Salad Jell-o w/fruit	23 Chicken Alfredo Vegetable Garlic Knots Fruit Dump Cake
26 Pimento Cheese Sandwich Tomato Soup Celery Stick Chocolate Pudding	27 Chef Salad Brownie	28 Scrambled Eggs Bacon Breakfast Potatoes Muffin OJ	29 Chicken Wings Sidewinders Broccoli Crunch Salad Cake w/icing	30 BBQ Brisket Potato Salad Baked Beans Tropical Fruit Salad