

Elderly Nutrition Program February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Sapulpa Center 1020 North Brown Sapulpa, OK 74066 918-224-7987	Questions/Concerns: Wyiquita Lindsey 918-637-6458	1 Chicken Ranch Casserole Broccoli with Cheese Roll Banana Pudding	2 Indian Taco Fast & Fancy	3 Sliced Brisket Scallop Potatoes Peas & Carrots Strawberry Pie
6 Chicken Fried Steak Mashed Potatoes Cream Gravy Brussel Sprouts Ambrosia	7 Beans & Ham Fried Okra Salad Bar Frybread Peanutbutter Cookie	8 BBQ Beef on Bun Chips Pickle Spear Blackberry Cobbler With Ice Cream cup	9 Chili with Beans Cheese Stick Crackers Texas Sheet Cake	10 Eggs Sausage Gravy Biscuit Apple Fritter OJ
13 Ham Au Gratin Potatoes Catalina Blend Peaches & Cottage Cheese	 14 Shepherd Pie Honey Biscuit Pumpkin Spice Cake	15 <div style="text-align: center; color: red; font-size: 1.5em; font-weight: bold;"> Staff Meeting </div>	16 Drip Beef Sandwich On Ciabatta Bread Pasta Salad Fast & Fancy	17 <div style="text-align: center; color: red; font-size: 1.5em; font-weight: bold;"> Cook's Choice </div>
20 Roast Beef Melt Broccoli & Cheese Soup Cinnamon Apples	21 Beef Stew Cheese Stick Cornbread Pudding	22 Lasagna Corn Garlic Bread Carrot Cake	23 Baked Chicken Stuffing Squash Apple Turnover	24 Scrambled Eggs Sausage Links Breakfast Potatoes Peach Parfait OJ
27 Chicken Casserole Peas Garlic Bread Sweet Potato Pie	28 Potato Soup Salad Bar Crackers Cake			

MENU SUBJECT TO CHANGE