

Elderly Nutrition Program March 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Polish Sausage Fried Potatoes & Onions Salad Bar Bread Fast & Fancy	2 Catfish Pork & Beans Hushpuppies Dump Cake	3 Sliced Brisket Scalloped Potatoes Peas & Carrots Strawberry Pie
6 Chicken Skewer Rice Pilaf Green Beans Pecan Pie	7 Beef Tips over Noodles Black Eye Peas Roll Apple Crisp	8 Pork Steak Baby Baker Cream Style Corn Chocolate Cream Pie	9 Meatloaf Mashed Potatoes Br. Gravy Pacific Blend Jell-O w/Fruit	10 Smoked Sausage Cabbage Mac & Cheese Rosy Applesauce
13 Salisbury Steak Mashed Potatoes Mushroom Gravy Peas Roll Cookie	14 Pork Chop Fried Potatoes Winter Blend German Chocolate Cake	15 Chicken Ranch Casserole Broccoli w/Cheese Roll Banana Pudding	16 Indian Taco Fast & Fancy	17 Cook's Choice 
20 Chicken Fried Steak Mashed Potatoes Cream Gravy Brussel Sprouts Ambrosia	21 Bean with Ham Rice Fried Okra Cornbread PB Cookie	22 BBQ Beef on Bun Chips Pickles Blackberry Cobbler With Ice Cream	23 Chili with Beans Cheese Stick Crackers Brownie	24 Eggs Sausage Gravy Biscuit Apple Fritter OJ
27 Ham Au Gratin Potatoes Catalina Blend Peaches & Cottage Cheese	28 Shepherd Pie Honey Biscuit Pumpkin Spice Cake	29 Chicken & Dumplings Green Beans Jell-O w/Fruit	30 Drip Beef Sandwich On Ciabatta Bread Pasta Salad Fast & Fancy	31 Pork & Hominy Bahama Blend Frybread Lemon Crème Pie

*Menu subject to change