

Tammy Lewis (Training Activity Specialist) 918-732-7670 tlewis@MuscogeeNation.com

Nov. '23

November Training Schedule

For help with navigation to cecpd/okregistry call 405-799-6383

www.okregistry.org/cecpd

Check out CECPD's Online Training Opportunities @ the website listed above

ELG's-Nutrition-Social & Emotional Education-Trauma Responsive Environments and more.....

OKC Area Trainings

Rainbow Fleet CCRR-405-521-1426 or www.rainbowfleet.org

The 3rd Saturday of each Month-Pediatric CPR & First Aid-OKC,OK-9am-5pm-\$65-Call 405-521-1426

Saturday, November 4, 2023 -Family Child Care Homes Network-OKC, OK-9:00am-1:00pm-Free-Reg. @ cecpd.org

The Networking Event listed above is for Family Child Care Homes in the Cleveland/Oklahoma Counties only.....

Tuesday, November 7, 2023-Educator Self Care-OKC,OK-8:30am-12:30pm-Zoom-Reg. @ cecpd.org

Thursday, November 9, 2023-Safe Sleep-OKC,OK-Zoom-6:30-8:30pm-\$20-Reg. @ cecpd.org

Thursday, November 16, 2023-Classroom Design-OKC, OK-6:00-8:00pm-\$20-Reg. @ cecpd.org

Other OKC Area Trainings listed below:

Saturday, November 29, 2023 (MWC,OK) November 18, 2023(Norman) -\$65- 9:00am-1:00pm-Reg. @ cecpd.org

Thursday, November 2, 2023-Tantrums and Redirection-Web-12:00-2:00pm-Free-Reg. @ cecpd.org

Tuesday, November 7, 2023-Safe Sleep Training(Professionals)-OKC,OK-9:00am-12:00pm-Free-Reg. @ cecpd.org

Wednesday, November 8, 2023-Growing Brain(The Power of Quiet)-Web-6:30-8:30pm-\$15-Reg. @cecpd.org

Wed./Thurs, November 15/16, 2023-Hope in the Classroom-Shawnee,OK-5:45-8:45pm-Free-Reg. @ cecpd.org

Wednesday, November 15, 2023-Math in the Kitchen(CACFP)-Web-1:30-2:30pm-Free-Reg. @ cecpd.org

Thursday, November 16 2023-Invitation to Play (Nature)-OKC,OK-6:00-9:00pm-\$10-Reg. @ cecpd.org

Saturday, November 18, 2023-Full Steam Ahead-Pouteau,OK-10:00am-12:00pm-Free-Reg. @ cecpd.org

Tulsa Area Trainings

Tulsa Tech

www.tulsatech.edu CDA's(1,2,3)-Planning & Routines-Behavior etc. Contact: Teresa Berg @ 918-828-5414

November Topics-Infant Crying: A Trigger for Child Abuse-Family Perspectives-Science-Math-How to Use Big Books in Class

PLEASE TAKE ADVANTAGE OF FORMAL TRAININGS OFFERED BY COMMUNITY SERVICE COUNCIL-FREE-No Cost

www.csctulsa/ccrc.org Safe Sleep-Infection Control-Language & Literacy and many more.....

Monday, November 13, 2023-Sensory Bins / Sensory Play-Broken Arrow,OK-7:00-9:00pm-\$10-Reg. @cecpd.org

Saturday, November 18, 2023-Pediatric CPR and First Aid-Tulsa,OK-9:00am-1:00pm-\$65-Reg. @ cecpd.org

Saturday, November 18, 2023-Invitation to Play (Loose Parts)-Tulsa,OK-10:00am-1:00pm-Fee?-Reg. @ cecpd.org

Sapulpa

Central Technology Center-Sapulpa, OK (CDA)

Call 918-227-0331

Muskogee Area Trainings

Cherokee Nation Child Care Resource Center

Call 918-453-5300 or 888-458-6230

www.cherokeekids.net (childdevelopmentcenter-newsletter)

Muskogee Nation Child Care Resource Trainings

Pediatric CPR - First Aid-AED

Offering In Person Classroom & Blended Learning (Online & Hands-On)

All Trainings in Yellow held inside Muskogee Nation Complex-Child Development Building-Okmulgee, OK

[Applebaum Live-Online Trainings- infoatseminars.org](http://ApplebaumLive-OnlineTrainings-infoatseminars.org) zerotothree.org/seca.info.org/carecourses.com

[Building a Sound Business Strategy-McCormick Center for Early Childhood-847-947-5468-Jane Humphries](http://BuildingaSoundBusinessStrategy-McCormickCenterforEarlyChildhood-847-947-5468-JaneHumphries)

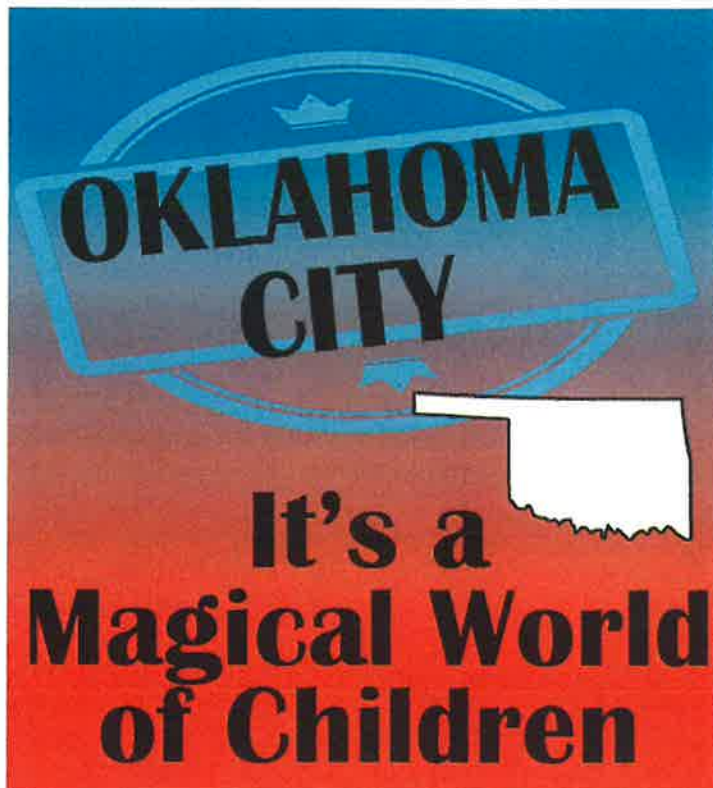
[Safeguard Classes Online-Preschool Fitness,etc.-Contact Tenlee Bell-800-346-4915 or safeguardclassesonline.org](http://SafeguardClassesOnline-PreschoolFitness,etc.-ContactTenleeBell-800-346-4915orsafeguardclassesonline.org)

[Muskogee Nation Tribal Complex and \(7\) Child Development Centers will be closed November10,20,23,24,2023](http://MuskogeeNationTribalComplexand(7)ChildDevelopmentCenterswillbeclosedNovember10,20,23,24,2023)

[Please review the Eleven \(11\) documents attached](#)

Search by Title or Keyword

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It's a Magical World of Children - Oklahoma City

Get Your Hours with ATI ~ Register Today!

LIVE • Delta Hotel by Marriott Midwest City (formerly Sheraton)

November 11, 2023

8:00 am to 3:00 pm

Credits: 0.60

Earn 6 Clock Hours

Seminar Pricing:

\$39.00

Qty: ▾

[REGISTER NOW](#)

*** REGISTER TO GUARANTEE YOUR SPOT**

ATI

You do not have to choose. All great will be covered.

Strategies and Fun Activities to Make Circle Time Even More Magical

Circle time can be chaotic or it can be the best time to teach young children new concepts and build community * Learn how to handle the transitions to circle time * Get answers to questions like: how do I get the children to sit still, how do I hold children's attention, how do I get rid of the wiggles * Create the best circle time ever!

25 Ways to Prevent, Reduce, or Stop Challenging Behaviors

Have you noticed that the same children typically challenge you daily? * Receive 25 proven practical strategies to help children who challenge * Reliable strategies to make your classroom calmer * Set boundaries that stick * Get children to listen the first time you say something * Strategies you can easily and immediately implement

Bouncing Back, Creating Resilience in Children

Things to say and do to help children be resilient and bounce back * Doorways to effective communication * Tools for listening to children * Five ways to build resiliency in children * Powerful must-know strategies to help children build a foundation to lead happier and more fulfilling lives.

LET'S PLAY! Activities for Little Learners

Fun inexpensive activities to enhance your classroom * Add valuable playful learning fun to your daily activities with awesome DIY props * Songs * Fingerplays * Movement * Art * Music * Activities to add learning, laughter, and fun to your curriculum.

Taking Care of You! Self-Care for Caregivers and Remembering our Why

Do you ever feel overwhelmed and over-stressed? Learn great stressbusters to handle stress and take care of yourself * 20+ practical tips, strategies, and ways to beat stress before it beats you * Get refreshed * Reclaim your purpose and ignite your passion.

6-Hour Certificate

Receive 6 CLOCK HOURS (.6 CEUs)

Recognized by the *OK Center for Early Childhood Professional Development (CECPD)*.

Meets the Oklahoma Core Competency areas.

NOTE:

- There will be an on-your-own lunch break at 11:30AM for one-hour.
- Coffee and snacks will not be provided.

Regular Registration

NO LATER THAN NOV. 6, 2023

Group size 1-9 people: \$39 per person

Group size 10+: \$36 per person

Late Registration

After NOV. 6, 2023

Group size 1-9 people: \$44 per person

Group size 10+: \$41 per person

Category: [Discipline/Guidance & Development Family & Community Child Growth and Development](#)

Website

Early Childhood Investigations

webinars@earlychildhoodwebinars.com

[Gift Books for Preschool Children \(And the People Who Care For Them\) From 3 Rockstar Librarians](#)

[by: Betsy Bird, Martha Meyer and Bridget Petrites](#)

November 8 2023

2PM Eastern Time | Recorded

[REGISTER NOW](#)

[Growing Leaders from Within – Nurturing Future Leaders for](#)

[Organizational Excellence](#)

[by, Jamarrion Tabor](#)

November 9, 2023

2PM Eastern Time | Recorded

Sponsored by

 [The Child Care Success Company](#)

[REGISTER NOW](#)

[Healing Play Strategies for Preschool Children Who Have Experienced Adversity](#)

[by, Steve Gross, MSW](#)

November 29, 2023

2PM Eastern Time | Recorded

Sponsored by

 [Life is Good Playmaker Project](#)

[REGISTER NOW](#)

[Overcoming Burnout in the ECE Workplace](#)

[by, Ellen M. Drolette](#)

December 6, 2023

2PM Eastern Time | Recorded

Sponsored by

 [Think Small Insitute and Redleaf Press](#)

[REGISTER NOW](#)

All Webinars for 2023



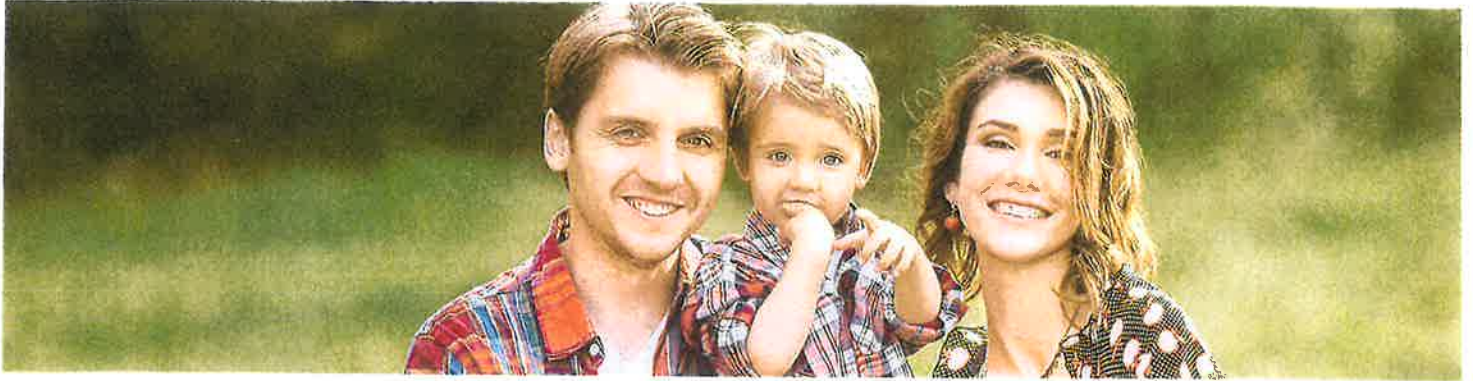
Spanish Car Seat Workshop

Tuesday, November 14, 2023 (10am-12pm)
Location: Tulsa Fire Department Station 27
Call 918-494-7233



THIS WORKSHOP IS IN SPANISH ONLY This is a two hour car seat workshop for caregivers given in Español.

In order to receive a car seat from Safe Kids Tulsa Area, you must be the legal guardian. You will need to bring proof of government assistance (WIC, food stamps, SoonerCare) as well as proof of guardianship if child is born* (birth certificate, vaccine record, insurance card). The cost of each car seat is \$20 (cash only) with a max of one car seat per child and three car seats per family. If you are unsure if you are eligible, please call us at 918-494-7233 or email safekidstulsa@saintfrancis.com. Car seats provided by Safe Kids Tulsa Area are meant to be used in the vehicle of the legal guardian. We cannot provide car



Virtual Car Seat Workshop

Tuesday, November 28, 2023 (10-11:00am)

Location: Virtual

Call 918-494-7233



This is a virtual car seat workshop for caregivers.

In order to receive a car seat from Safe Kids Tulsa Area, you must be the legal guardian. You will need to bring proof of government assistance (WIC, food stamps, SoonerCare) as well as proof of guardianship if child is born* (birth certificate, vaccine record, insurance card). The cost of each car seat is \$20 (cash only) with a max of one car seat per child and three car seats per family. If you are unsure if you are eligible, please call us at 918-494-7233 or email safekidstulsa@saintfrancis.com. Car seats provided by

Car Seat Checkup Events

Date	Time	Event
September 23	10-12	Ascension St. John – Mary K Chapman Health Plaza 1819 E 19 th St – Tulsa, OK 74104
September 28	10-12	Jenks Fire Department Station 2 1115 West 121 st Street – Jenks, OK 74037
October 5	10-12	Broken Arrow Fire Department Station 6 3151 North 9 th Street – Broken Arrow, OK 74012
October 14	10-12	Bixby Fire Department Station 2 8300 East 121 st Street – Bixby, OK 74008
October 19	10-12	Tulsa Fire Department Station 22 7303 East 15 th Street – Tulsa, OK 74112
October 20	10-12	Drumright Fire Department 116 W Broadway – Drumright, OK 74030
October 26	10-12	Jenks Fire Department Station 2 1115 West 121 st Street – Jenks, OK 74037
November 2	10-12	Broken Arrow Fire Department Station 6 3151 North 9 th Street – Broken Arrow, OK 74012
November 4	10-12	Ascension St. John – Mary K Chapman Health Plaza 1819 E 19 th St – Tulsa, OK 74104
November 9	10-12	Jenks Fire Department Station 2 1115 West 121 st Street – Jenks, OK 74037
November 16	10-12	Tulsa Fire Department Station 22 7303 East 15 th Street – Tulsa, OK 74112
December 7	10-12	Broken Arrow Fire Department Station 6 3151 North 9 th Street – Broken Arrow, OK 74012
December 9	10-12	Bixby Fire Department Station 2 8300 East 121 st Street – Bixby, OK 74008
December 21	10-12	Tulsa Fire Department Station 22 7303 East 15 th Street – Tulsa, OK 74112

For further resources please call 918-494-SAFE or visit www.safekidstulsa.com

HOME-BASED SERVICES*

Our compassionate family preservation specialists provide home-based services to empower, assist, and nurture families experiencing various challenges and circumstances. We are the place to turn if your family struggles feel overwhelming or too difficult to handle alone.

Through the SafeCare® program, caregivers are equipped with tools, knowledge, and confidence to successfully face the complexities of parenting. Our team is committed to providing services that engage, involve, strengthen, and support your family in the most effective way to ensure children's safety and well-being.

**At least 1 child must be between the ages of 0-5 for families to qualify for services.*

WHAT WE DO

- » Case management
- » Transport clients when needed
- » Utilize the SafeCare® model

SafeCare® MODULES

- » Parent child/infant interaction
- » Home safety
- » Health

ADDITIONAL MODULES IF QUALIFIED

- » Healthy relationships
- » Managing child behavior
- » Problem solving

FIND SERVICES IN THESE COUNTIES

- » Creek
- » Pawnee
- » Mayes
- » Rogers
- » Muskogee
- » Tulsa
- » Okmulgee
- » Wagoner
- » Osage
- » Washington



submit referral
form email to
scereferrals@fcsok.org

CONTACT US:
918.584.4549
fcsok.org



or visit
fcsok.org/safecare-parenting for
more information and
our SafeCare® referral form

Positive Parenting Tips for Healthy Child Development

Toddlers (2-3 years of age)

Developmental Milestones

Skills such as taking turns, playing make believe, and kicking a ball, are called developmental milestones. Developmental milestones are things most children can do by a certain age. Children reach milestones in how they play, learn, speak, behave, and move (like jumping, running, or balancing).

Because of children's growing desire to be independent, this stage is often called the "terrible twos." However, this can be an exciting time for parents and toddlers. Toddlers will experience huge thinking, learning, social, and emotional changes that will help them to explore their new world, and make sense of it. During this stage, toddlers should be able to follow two- or three-step directions, sort objects by shape and color, imitate the actions of adults and playmates, and express a wide range of emotions.

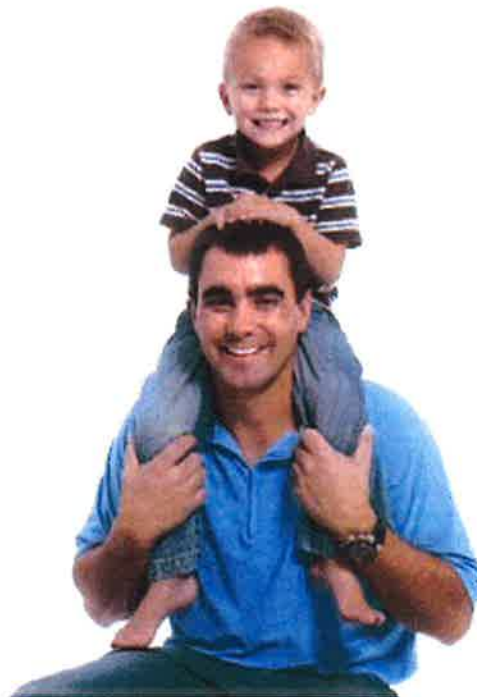
For more details on developmental milestones, warning signs of possible developmental delays, and information on how to help your child's development, visit the "Learn the Signs. Act Early." campaign website.

<http://www.cdc.gov/ncbddd/actearly/index.html>

Positive Parenting Tips

Following are some things you, as a parent, can do to help your toddler during this time:

- Set up a special time to read books with your toddler.
- Encourage your child to take part in pretend play.
- Play parade or follow the leader with your toddler.
- Help your child to explore things around her by taking her on a walk or wagon ride.
- Encourage your child to tell you his name and age.
- Teach your child simple songs like Itsy Bitsy Spider, or other cultural childhood rhymes.
- Give your child attention and praise when she follows instructions and shows positive behavior and limit attention for defiant behavior like tantrums. Teach your child acceptable ways to show that she's upset.



Child Safety First

Because your child is moving around more, he will come across more dangers as well. Dangerous situations can happen quickly, so keep a close eye on your child. Here are a few tips to help keep your growing toddler safe:

- Do NOT leave your toddler near or around water (for example, bathtubs, pools, ponds, lakes, whirlpools, or the ocean) without someone watching her. Fence off backyard pools. Drowning is the leading cause of injury and death among this age group.
- Encourage your toddler to sit when eating and to chew his food thoroughly to prevent choking.
- Check toys often for loose or broken parts.
- Encourage your toddler not to put pencils or crayons in her mouth when coloring or drawing.
- Do NOT hold hot drinks while your child is sitting on your lap. Sudden movements can cause a spill and might result in your child's being burned.
- Make sure that your child sits in the back seat and is buckled up properly in a car seat with a harness.

Healthy Bodies

- Talk with staff at your child care provider to see if they serve healthier foods and drinks, and if they limit television and other screen time.
- Your toddler might change what food she likes from day to day. It's normal behavior, and it's best not to make an issue of it. Encourage her to try new foods by offering her small bites to taste.
- Keep television sets out of your child's bedroom. Limit screen time, including video and electronic games, to no more than 1 to 2 hours per day.
- Encourage free play as much as possible. It helps your toddler stay active and strong and helps him develop motor skills.

A pdf of this document for reprinting is available free of charge from

<http://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/toddlers2.html>

Additional Information:

<http://www.cdc.gov/childdevelopment>

1-800-CDC-INFO (800-232-4636) <http://www.cdc.gov/info>

OKLAHOMA WARMLINE

The Oklahoma Warmline is a program for families, child care providers, and other caregivers where callers can receive consultation and support around the difficult job of caring for and nurturing infants, toddlers, and school-aged children birth to 13 as they grow and develop.

Trained Consultants are available to help you by phone Monday through Friday from 8am to 6pm. A team of consultants trained in child health, child development, and behavioral health are here to take your calls, help to generate ideas and solutions for the challenges you face daily as you are caring for kids, to offer support, and to help you find additional resources and referrals if you are needing them.

Click on the link to go straight to the website, or use the QR code on the flyer and take advantage of the services that the Oklahoma Warmline can offer you.



For parents, caregivers
and child care providers

<https://okwarmline.org>
warmline@health.ok.gov

Telephone Consultations M-F, 8am - 6pm
<https://bit.ly/WarmLineFlyer>



QRIS
Quality Rating and
Improvement System

Quality Care for Every Child

THE STARS PROGRAM

Stars Inquiry Meetings

Who: Any owner/director or primary caregiver who wishes to apply for The Stars Program.

What: Opportunity to receive information to complete the application and request for certification process.

When: 1st Wednesday of every month at 1:00 pm and 3rd Wednesday of every month at 6:00 pm. Allow 60-90 minutes for the meeting.

Where: Virtually on Teams – Join by clicking on one of the links below.

1st Wednesday
1:00 pm



Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 298 617 455 967

Passcode: TuyW5M

[Download Teams](#) | [Join on the web](#)

3rd Wednesday
6:00 pm



Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 292 348 243 522

Passcode: RiLTrf

[Download Teams](#) | [Join on the web](#)

Contact Us At: QRIS@okdhs.org