

WEBINAR WEDNESDAYS

Virtual Training Series

Join us on Wednesday for our next Webinar session! Our sessions grant behavioral health professionals continuing education credits

Shedding Light on the Darkness: A Comprehensive

Look at Depression

Speaker: Dr Daniel Fox, Ph.D.

April 3rd, 2024 | 12:00 – 1:30 pm CST



Session Description

In this webinar we'll build your understanding to assess and treat depression. We'll illuminate the complexities, comorbidities, causes, and treatments associated with today's depressive disorders. Over the past four decades, there have been shifts in the understanding of depression. Changes in the gender dynamics of depression, exploring the influence of social media on depressive experiences, and advancements in effective treatments for depression have marked significant evolution. This training will help you adopt a stepwise approach when working with depressed clients reflecting a more systematic and tailored strategy in addressing your clients' individual needs.



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