

Tammy Lewis (Training Activity Specialist) 918-732-7670 tlewis@MuscogeeNation.com

Jan.. '25

## January Training Schedule

For help with navigation to cecpd/okregistry call 405-799-6383

[www.okregistry.org/cecpd](http://www.okregistry.org/cecpd)

Check out CECPD's Online Training Opportunities @ the website listed above

ELG's-Nutrition-Social & Emotional Education-Trauma Responsive Environments

and more.....

### **OKC Area Trainings**

Rainbow Fleet CCRR (405-521-1426

The 3rd Saturday of each Month-Pediatric CPR & First Aid-OKC,OK-9am-5pm-\$70-Call 405-521-1426

Tuesday, January 14,2025-Safe Sleep-OKC,OK-12:00pm-2:00pm-\$20-Reg. @ cecpd.org

Pediatric CPR - First Aid

Instructor-Ines Vinson(888-261-8813)

Pediatric CPR-First Aid-January3/4/8/14/18/23/25/31, 2025-OKC,OK- Check Times-\$72 -Reg. @cecpd.org

**Instructor Contact-Ines Vinson-888-261-8813 or email [ivcprandfirstaidtraininginstitute.com](mailto:ivcprandfirstaidtraininginstitute.com) / Check Times Please**

### Othe Child Development Trainings in the OKC Area

Tuesday, January 7, 2025-Communication with Program Leaders-**WEB**-5:30-6:30pm-\$7.50-Reg. @ cecpd.org

Saturday, January 11, 2025-Teaching Strategies(AUTISM)-**WEB**-9:30-11:30am-\$20--Reg. @ cecpd.org

Monday, January 13, 2025-Safe Sleep-OKC, OK-6:00-9:00pm-**Free**-Reg. @ cecpd.org

Saturday, January 18, 2025-Safe Sleep-OKC,OK-9:00am-12:00pm-**Free**-Reg. @ cecpd.org

Friday, January 24, 2025-Safe Sleep-Moore,OK-6:00-9:00pm.-**Free**-Reg. @ cecpd.org

Saturday, January 25, 2025-Trees & Me (Outdoor Classroom) -9:00am-12:00pm-**Free**-Reg. @ cecpd.org

Friday, January 31, 2025-Movement Matters-Moore,OK-6:00-9:00pm-\$10-Reg. @ cecpd.org

### Tulsa Area Tainings

[www.tulsatech.edu](http://www.tulsatech.edu)

CDA's(1,2,3)-Planning & Routines-Behavior etc.

Call Teresa @ 918-828-5000

January Training Topics: Director's-Special Needs Education-All Trainings are DHS Approved

PLEASE TAKE ADVANTAGE OF FORMAL TRAININGS OFFERED BY COMMUNITY SERVICE COUNCIL-FREE-No Cost

[www.csctulsa/ccrc.org](http://www.csctulsa/ccrc.org)

Pediatric CPR-First Aid

Self-Care-Infection Control-Language & Literacy and many more.....

Saturday/Wednesday (11/29,2025)--Pediatric CPR and First Aid-Tulsa,OK-Check Times-\$72-Reg. @ cecpd.org

### Other Child Development Trainings in the Tulsa Area

Tuesday, January 7, 2025-Let's Move With the Music-**WEB**-6:30-8:30pm-\$20-Reg. @ cecpd.org

Saturdays (2),January 11/18,2025-ELG's for Infants, Toddlers and Two's-Tulsa,OK-Pending-Reg. @ cecpd.org

Thursday, January 16, 2025-Autism Infection Prevention & Control-**WEB**-6:30-8:30pm-\$20-Reg. @ cecpd.org

Tuesday, January 21,2025-Blueprint for Success-Tulsa,OK-5:30-8:30pm-\$50-Reg. @ cecpd.org

Wednesday, January 22, 2025-Safe Sleep-**WEB**-6:30-8:30pm-\$\$Fee or Free -Reg. @ cecpd.org (See Flyer)

### Muscogee Creek Nation & Okmulgee Area Trainings

Pediatric CPR - First Aid-AED

Trainings held inside Muscogee Nation Offering In Person Classroom & Blended Learning (Online & Hands-On)

### Other Online Training Opportunities

Applebaum Live-Online Trainings- [infoatiseminars.org](http://infoatiseminars.org)

Building a Sound Business Strategy-McCormick Center for Early [zerotothree.org/seca.info.org/carecourses.com](http://zerotothree.org/seca.info.org/carecourses.com)

Safeguard Classes Online-Preschool Fitness,etc.-Contact Tenlee Bell-800-346-4915 or [safeguardclassesonline.org](http://safeguardclassesonline.org)

### Announcements: See Below

MN-Tribal Complex & MN-Child Development Centers (7) Closed December 31,2024/Jan 1,2025

Please Review the Attached Eleven (11) Documents/Resources

[Mvto \(Muh Doe\) Thank You](#)

## Training for the Month

Title: **Movement Matters**

Where: **Moore, Oklahoma**

When: **Friday, January 31, 2025**

Time: **6:00-9:00pm.**

Cost=**\$10.00**

To Register: **[www.cecpcd.org](http://www.cecpcd.org)**



**LETS MOVE WITH THE MUSIC/  
TUESDAY, JANUARY 7, 2025/ 6:30-  
8:30 PM**



**ADVANCING THE SCHOOL-AGE  
ENVIRONMENT/ THURSDAY,  
JANUARY 9, 2025/ 6:30-8:30 PM**



**CONSTRUCTION THEMES AND  
ACTIVITIES FOR ALL AGES/  
TUESDAY, JANUARY 14, 2025/ 6:30-  
830 PM**



**INFECTION PREVENTION AND  
CONTROL/ THURSDAY, JAN. 16TH/  
6:30-8:30 PM**

**Attention:**

**Please review the message below.**

**To confirm Tulsa/Surrounding areas, Please  
call Joyce @ 918-857-6588**

**Free trainings for Tulsa and surrounding areas:**

<https://www.earlychildhoodeducationandconsulting.com/trainings>

**Trainings for rest of the state - \$20 fee/training**

<https://www.earlycec.com/trainings>





TEACHER-LED GROSS MOTOR  
ACTIVITIES/ TUESDAY, JANUARY 21,  
2025/ 6:30-8:30 PM



SAFE SLEEP/ WEDNESDAY, JAN.  
22ND/ 6:30-8:30 PM



STOMP WITH THE DINOSAURS/  
TUESDAY, JANUARY 28, 2025/ 6:30-  
8:30 PM



INFANTS AND TODDLERS (0-2  
YEARS)/ THURSDAY, JANUARY 30,  
2025/ 6:30-8:30 PM

---

Joyce Reynolds RN, BSN  
Early Childhood Education & Consulting  
Child Care Health & Safety Consultant  
918-857-6588

DISCLAIMER: This communication, along with any documents, files or attachments, is intended only for the use of the addressee and may contain legally privileged and confidential information. If you are not the intended recipient, you are hereby notified that any dissemination, distribution or copying of any information contained in or attached to this communication is strictly prohibited. If you have received this message in error, please notify the sender immediately and destroy the original communication and its attachments without reading, printing or saving in any manner. Please consider the environment before printing this e-mail.

January 2025 Trainings  
Continued



**\*\*IMPORTANT TRAINING UPDATE!\*\***

**To receive credit for trainings:**

- Active participation is required**
- Each participant must pre-register**
- Each participant must login in on their own device**
- You may not sign-in another participant**
- Your camera must remain on**
- Each trainer will give you specific directions at the start of each class**



**Attention:**

Trainings now require a Registry number.  
To apply go to [okregistry.org](http://okregistry.org)>register>  
Create an Account>O.U. will confirm email  
and then send Registry #

[ccnr@  
sproutsdevelopment.  
com](mailto:ccnr@sproutsdevelopment.com)



**Safe Sleep**

Online Course  
Cost: FREE  
2 formal hours of credit



**Infection Control**

Online  
Cost: FREE  
2 formal hours of credit



**Emergency Preparedness**

Online  
Cost: FREE  
2 formal hours of credit

**In Person Trainings**

Make sure to follow our social media pages for all upcoming trainings!



[Sprouts Child Care Resource & Referral](#)

[ccnr@sproutsdevelopment.com](mailto:ccnr@sproutsdevelopment.com)



**School Age Trainings**

Online  
Cost: FREE  
2 formal hours of credit

- *Behavior & Guidance for school age*
- *Engaging Environments for school age programs*

**Infant/Toddler Trainings**

Online  
Cost: FREE  
2 formal hours of credit

- *ABCs of Language & Literacy*
- *Its Not Just Fun & Games: Genius of Play*
- *Enhancing Nature Play*



**Leadership Trainings**

Online  
Cost: FREE  
2 formal hours of credit

- *Taking Care of Others - Self Care*
- *Leadership Lessons we Learn from Children*

**Community Trainings**

Online  
Cost: FREE  
2 formal hours of credit

- *Communication & Relationship Building with families*



**Website Address:**

[www.earlychildhoodinvestigations.com](http://www.earlychildhoodinvestigations.com)

[go to webinars-pre-recorded-slides](#)

>>>NEW<<<

The Daycare Myth: Dan Wori's Myth-Busting Blueprint for Change, by Dr. Dan Wuori

**January 9, 2025**

**REGISTER NOW**

>>>NEW<<<

Transforming Challenging Behavior Through Visionary Leadership: The Impact of Approach and Culture on Staff and Families, by Barbara Kaiser

**January 15, 2025**

**REGISTER NOW**

>>>NEW<<<

From the Brink of Leadership Burnout to Your Link to Stability, by Beth Cannon

**January 22, 2025**

**REGISTER NOW**

>>>NEW<<<

Leading Teachers to Nature-Based Practices: Preparing Ourselves as Change Leaders, by Dr. Rachel A. Larimore

**January 29, 2025**

**REGISTER NOW**

>>>NEW<<<

Thriving Temporal Environments for Young Children and Educators: Unlocking the Right P.I.T.C.H., by Dr. Tamar Andrews

**February 12, 2025**

**REGISTER NOW**

>>>NEW<<<

Onboarding Newly Enrolled Families: A Key to Family Engagement, Satisfaction, and Retention, by Evelyn Knight

**February 12, 2025**

**REGISTER NOW**

>>>NEW<<<

What Can High-Quality Practices in Low-Resource Settings



# SAFE AND HEALTHY DIAPER CHANGING STEPS IN CHILDCARE SETTINGS

CDC Reminder:

Don't forget Glove Application/Removal



Keep a hand on the child for safety at all times!



## 1 PREPARE

- Cover the diaper changing surface with disposable liner.
- If you will use diaper cream, dispense it onto a tissue now.
- Bring your supplies (for example, clean diaper, wipes, diaper cream, **gloves**, plastic or waterproof bag for soiled clothing, extra clothes) to the diapering area.



## 2 CLEAN CHILD

- Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with disposable wipes. Always wipe front to back!
- Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing.



## 3 REMOVE TRASH

- Place used wipes in the soiled diaper.
- Discard the soiled diaper and wipes in the trash can.
- Remove and discard gloves.



## 4 REPLACE DIAPER

- Slide a fresh diaper under the child.
- Apply diaper cream, if needed, with a freshly gloved finger.
- Fasten the diaper and dress the child.



## 5 WASH CHILD'S HANDS

- Use soap and water to wash the child's hands thoroughly.
- Return the child to a supervised area.



## 6 CLEAN UP

- Remove liner from the changing surface and discard in the trash can.
- Wipe up any visible soil with damp paper towels or a baby wipe.
- Wet the **entire surface** with disinfectant; make sure you read and follow the directions on the disinfecting spray, fluid, or wipe. Choose disinfectant appropriate for the surface material.



## 7 WASH YOUR HANDS

- Wash your hands thoroughly with soap and water.



Centers for Disease  
Control and Prevention  
National Center for Emerging and  
Zoonotic Infectious Diseases



## HOME-BASED SERVICES\*

Our compassionate family preservation specialists provide home-based services to empower, assist, and nurture families experiencing various challenges and circumstances. We are the place to turn if your family struggles feel overwhelming or too difficult to handle alone.

Through the SafeCare® program, caregivers are equipped with tools, knowledge, and confidence to successfully face the complexities of parenting. Our team is committed to providing services that engage, involve, strengthen, and support your family in the most effective way to ensure children's safety and well-being.

*\*At least 1 child must be between the ages of 0-5 for families to qualify for services.*

## WHAT WE DO

- » Case management
- » Transport clients when needed
- » Utilize the SafeCare® model

## SafeCare® MODULES

- » Parent child/infant interaction
- » Home safety
- » Health

## ADDITIONAL MODULES IF QUALIFIED

- » Healthy relationships
- » Managing child behavior
- » Problem solving

## FIND SERVICES IN THESE COUNTIES

- » Creek
- » Pawnee
- » Mayes
- » Rogers
- » Muskogee
- » Tulsa
- » Okmulgee
- » Wagoner
- » Osage
- » Washington



Family &  
Children's  
SERVICES

submit referral  
form email to  
[scereferrals@fcsok.org](mailto:scereferrals@fcsok.org)

CONTACT US:  
918.584.4549  
[fcsok.org](http://fcsok.org)



or visit  
[fcsok.org/safecare-parenting](http://fcsok.org/safecare-parenting) for  
more information and  
our SafeCare® referral form

# Seat Belt Use During Pregnancy

## Should I wear my seat belt?

- Yes. Wearing your seat belt properly is the most important thing you can do to keep you and your baby safe.

## How should my seat belt fit?

- Place the lap belt under the curve of your belly so the belt rests on your hips.
- Wear the shoulder belt to the side of your belly and diagonally across the center of your chest and collar bone.

## How should I adjust my seat?

- Sit back to provide space between your belly and the steering wheel, but be sure you can reach the pedals safely.
- Try not to recline the seat more than necessary. Sit in a comfortable upright position.

## What should I do about my airbags?

- Tilt your steering wheel so the airbag is directed towards your chest, not your belly or your face.
- Adjust your seat to keep at least ten inches of space between the airbag and your chest.

## What should I do if I am in a crash?

- Seek immediate medical attention and notify your prenatal care provider, even if you do not feel injured.

For more information, please visit [www.hcpvs.org](http://www.hcpvs.org)



# El uso del cinturón de seguridad en el embarazo

## ¿Debo usar el cinturón de seguridad?

- Sí, ponerse el cinturón correctamente es lo más importante que puede hacer para protegerles a usted y a su bebé.

## ¿Cómo debe ajustarse el cinturón de seguridad?

- La banda inferior debe pasar por debajo de la barriga de forma que la banda presione las caderas.
- La banda diagonal debe atravesar el pecho y el hombro.

## ¿Cómo debo ajustar el asiento?

- Siéntese hacia atrás de modo que la barriga no toque el volante, pero asegúrese de que pueda presionar el pedal del freno hasta el fondo.
- No recline el asiento más de lo necesario y siéntese derecha tanto como pueda.

## ¿Qué hago con las bolsas de aire?

- Deje las bolsas de aire activadas.
- Ajuste el volante para que la bolsa de aire se dirija hacia el pecho y no hacia la barriga ni la cara. .

## ¿Qué debo hacer si estoy implicada en un choque?

- Inmediatamente busque atención médica, incluso si piensa que no está lesionada, independientemente de si usted era el conductor o un pasajero.



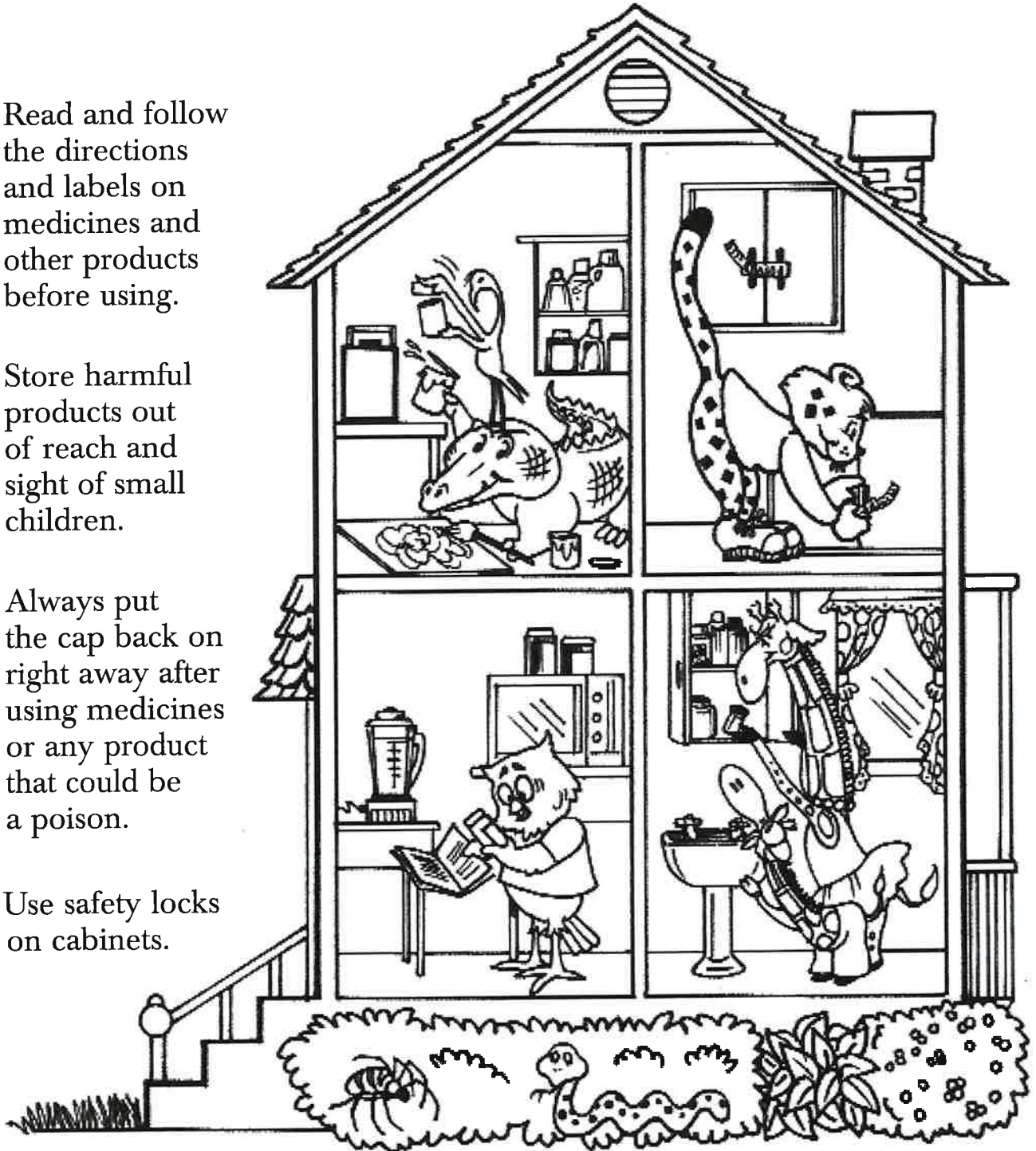
Para más información visite [www.hcpvs.org](http://www.hcpvs.org)



## Home Safety

Poisons are found in almost every room of our homes. Grown-ups use many products to clean the house. These products are safe as long as they are used in the right way. They become poisons when they are used the wrong way and get into someone's body. That is why it is very important to make sure your home is safe from poisons.

1. Read and follow the directions and labels on medicines and other products before using.
2. Store harmful products out of reach and sight of small children.
3. Always put the cap back on right away after using medicines or any product that could be a poison.
4. Use safety locks on cabinets.



3 Match the safety tips to the correct picture in the house.