Elderly Nutrition Program October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pork Chop Rice Pilaf Carrots Bread Ambrosia	2 Baked Potato w/Fixings Soup Chocolate Chip Mousse
5 BBQ Bologna Mac & Cheese Veg Bread Crisp	6 Teriyaki Chicken Fried Rice Blend Fortune Cookie Fruit	7 Hamburger Steak w/grilled onions Mashed Potatoes Br Gravy Brussel Sprouts Cake	8 Pork & Hominy Blend Frybread Jell-o w/topping	9 Breakfast Burrito Hashbrowns Apple Fritter OJ/Milk
12 Chili Cheese Dog w/onions, mustard, relish Sidewinder Pasta Salad Cookie	13 Cabbage Roll Casserole Okra Salad Chocolate Molten Cake	14 Chicken Enchiladas Borracha Beans Corn Salad Sopapilla	15 Beans & Ham Rice Spinach Cornbread Birthday Cake	16 **Cook's Choice**
19 Chicken Spaghetti Corn Garlic Bread Pie	20 Cheeseburger w/LTOP Steak Fries Crisp	21 Walking Taco Rice Krispy Treat	22 Catfish Cole Slaw Hushpuppies Cake	23 Pot Roast Red Skin Potatoes Gravy Veg Pineapples & CC
26 Ham Sweet Potatoes & Fuji Apples Roasted Zuc & Squash Roll Pumpkin Pound Cake	27 Beef Stroganoff Blackeye Peas Biscuit Strawberry Short Cake	28 BBQ Chicken Rice Pilaf Italian Green Beans Bread Jell-O	29 Meatloaf Mashed Potatoes Br Gravy Carrots Roll Pears	30 Scrambled Egg Sausage Gravy & Biscuit Tomato Slices OJ/Milk



*Milk available upon request

MENU SUBJECT TO CHANGE

*Bread available upon request