Elderly Nutrition Program November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Meatballs over Rice Blend Cinnamon Roll	3 Pork Ribeye Garlic Potatoes Vegetable Bread Pie	4 Chicken Fried Chicken Mashed Potatoes Cream Gravy Veg Brownie	5 **Thanksgiving Dinner** Turkey & Dressing Mashed Potatoes Gravy Green Beans Roll/Pumpkin Pie	6 Chili Cheese Stick Crackers Pretzel Stick
9 Ragu Roasted Corn Bread Stick Spice Cake	10 Navy Beans w/Bacon Diced Potatoes Zucchini & tomatoes Jalapeno cornbread Crisp	11 *Holiday* 	12 Chicken & Dumplings Peas Roll Cheesecake	13 Pork Wing Potato Tumblers Veg Bread Pudding
16 *Holiday* 	17 Teriyaki Chicken Fried Rice Blend Fortune Cookie/Fruit	18 Hamburger Steak w/grilled onions & gravy Mashed Potatoes Brussel Sprouts Jell-O w/topping	19 Pork & Hominy Veg Frybread Birthday Cake	20 *Cook's Choice*
23 Chicken Spaghetti Corn Garlic Bread Pie	24 Cabbage Roll Casserole Okra Salad Chocolate Molten Cake	25 Scrambled Eggs Sausage Patties Home Fries Gravy & Biscuit	26 *Holiday*	27 *Holiday*
30 Chili Cheese Dog w/onion, relish, mustard Sidewinder Pasta Salad Cookie				

*Bread available upon request

MENU SUBJECT TO CHANGE

*Milk available upon request